

Abstract for

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Presentation

Workshop

Male / Female / Diverse

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Presentation title:

**Sexual Fantasies and Somatic Symptoms: a Case Report of Resistant
Swallowing Disorder**

Abstract text up to 15 lines in English:

In this report, author have reviewed a young man who was referred to dynamic psychotherapy after months of resistant swallowing disorder. After all medical examinations and tests, no medical reason for his swallowing disorder had been found. During the therapy sessions, he cautiously approached the sexual issues and talked about his sexual fantasies. He had an arousing fantasy from childhood, in which a tiny dwarf is swallowed by an human, during therapy sessions after more discussing about sexual issues and fantasies, he started masturbating which was forbidden and sin before that. After that little by little the symptom of dysphagia was resolved without directly mentioning and talking about that. Although the therapy of this patient was pre-mature terminated due to the parents' concern about his masturbations, it seems that the use of the dynamic therapy and access to unconscious sexual conflicts helped him to resolve somatic symptom. Author's purpose for writing this case, is emphasizing the importance of dynamic discourse in approaching to patients with confusing somatic symptoms, especially for young psychiatrists.

Key words: somatic symptoms, dynamic psychotherapy, sexual fantasy.