

Abstract for

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"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"

Presentation

Workshop

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**Group Conflict in Dance Therapy – Attempt of a Group Dynamic Integration**

Abstract text up to 15 lines in English:

The authors have been leading a dance therapy group according to the dynamic psychiatric concept of Günter Ammon. The author's concern is to show how a so called "committer – victim" conflict, which had been developed in a dance session, can be worked through and finally solved by means of group dynamic processes within verbal and dance therapy. The conflict was solved by revealing it to the group so that all group members had the opportunity to participate and gain from it. A committer – victim conflict changed into a group conflict. The fear to be excluded from the group, experienced by committer and victim likewise as well as the experienced sense of shame and guilt could be diminished in this way.

Key words: Group dynamics, dance therapy group conflict, scapegoat dynamics