

**Abstract Form  
for**

**20th WADP congress / XXXIII International Symposium of the German Academy  
for Psychoanalysis (DAP) e.V., 16.04.2024 to 20.04.2024, Marrakech, Morocco  
"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"**

Symposium

Male  / Female  / Diverse

Chair Person:            Name: **Cipta**                    First Name: **Darien Alfa**  
Title / Position:        Dr., Psychiatrist  
Country:                 Indonesia

Symposium title:        **Caring for Patients with Borderline Personality Disorder (BPD) as Part of  
Shared-Decision Making in Indonesia: A Transition from Individual to  
Society-Oriented Service**

Co-Chair:                **Saputra, Alvin (Indonesia)**  
Dr.

Speaker 1:            Name, First Name: **Cipta, Darien Alfa (Indonesia)**  
  
Presentation title: *Culturally-sensitive environmental support development to  
improve self-cohesiveness for individuals with borderline personality disorder (BPD)*

Speaker 2:            Name, First Name: **Saputra, Alvin (Indonesia)**  
  
Presentation title: *Socio-Cultural Dimensions in Individual Psychodynamic  
Psychotherapy for Borderline Personality Disorder (BPD)*

Speaker 3:            Name, First Name: **Suhuyanli, Indrawaty (Indonesia)**  
Dr.  
  
Presentation title: *Family Dynamic and Psychotherapy for patients with borderline  
personality disorder: Multicultural Perspective*

Speaker 4: Name, First Name: **Lalenoh, Leonardo Alfonsius Paulus (Indonesia)**  
Dr.

Presentation title: *The Role of Peer Support Groups in Continuity of Care: A Review of Potentials and Challenges for Building Community Partnership*

Overall Abstract Symposium up to 40 lines in English:

Borderline Personality Disorder (BPD) presents a significant mental health challenge in Indonesia, especially among adolescents and young adults, constituting a large portion of outpatient in urban settings. The disturbance experienced by individuals with BPD is also felt and suffered by the community where they live, e.g., schools, colleges, and workplaces, thus warranting a shift from individual-focused care to a society-oriented service model. This scientific symposium explores culturally sensitive approaches to enhance the well-being of individuals with BPD, emphasizing shared decision-making and community involvement.

The first presentation, led by Darien Alfa Cipta, delves into "Culturally sensitive Environmental Support Development to Improve Self-Cohesiveness for Individuals with Borderline Personality Disorder (BPD)." The patient and therapist in psychodynamic psychotherapy are to influence and be influenced by the cultural environment such as values and traditions, and how integrating these aspects can strengthen the self-cohesiveness of BPD patients, fostering a more balanced and resilient sense of self. The first symposium also aims to give the context of how psychodynamic theories engage with Indonesian culture and possibly influence the practice of psychotherapeutic engagement with individuals with BPD and their immediate and distant environment.

Alvin Saputra, in his presentation titled "Socio-Cultural Dimensions in Individual Psychodynamic Psychotherapy for Borderline Personality Disorder (BPD)," examines the significance of considering Indonesia's socio-cultural context when providing psychodynamic psychotherapy. By integrating cultural dimensions, therapists can tailor interventions that resonate with patients' belief systems, promoting better treatment outcomes. This session will provide case examples where cultural nuance plays a significant part in the shared-decision making process and guiding the intervention of a therapist.

Indrawaty Suhyanli sheds light on "Family Dynamic and Psychotherapy for Patients with Borderline Personality Disorder: Multicultural Perspective." Understanding the role of family dynamics in BPD treatment is crucial, given Indonesia's strong familial bonds. This presentation explores culturally appropriate strategies for involving families as essential support systems in the therapeutic process.

Lastly, Leonardo Lalenoh discusses "The Role of Peer Support Groups in Continuity of Care: A Review of Potentials and Challenges for Building Community Partnership." Emphasizing community collaboration, this presentation examines the potential benefits and challenges of integrating peer support groups into the continuum of care for BPD patients. Leveraging community partnerships can enhance long-term treatment success and reduce the stigma associated with mental health issues.

This symposium aims to bridge the gap between individual-focused care (the usual focus of psychodynamic psychotherapy) and society-oriented services for patients with BPD in Indonesia. By incorporating cultural sensitivity, shared decision-making, and community engagement throughout the sessions, we strive to open a dialogue among worldwide psychotherapist colleagues to improve the well-being and treatment outcomes of those with this complex mental health condition.