

Abstract for

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Presentation

Workshop

Male / Female / Diverse

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Presentation title:

The Quality of Life of Caregivers of our Patients with Schizophrenia

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Abstract text up to 15 lines in English:

More and more patients with schizophrenia are being treated on an outpatient basis, which places family caregivers in various challenges. These challenges include emotional distress, social isolation, financial difficulties, reduced life satisfaction, as well as mental and physical health issues.

The study's objective is to evaluate the quality of life of caregivers of patients with schizophrenia in the Sous Massa region and to identify the factors associated with a lower quality of life.

This is an observational, cross-sectional study with both descriptive and analytical purposes, conducted within the University Psychiatric Center of Agadir. The sociodemographic data of both caregivers and patients are collected using a questionnaire specifically designed for this purpose. The quality of life of caregivers will be assessed using the Schizophrenia Caregiver Quality of Life Questionnaire (S-CGQoL). We will also evaluate the presence of depressive symptoms among caregivers using the Patient Health Questionnaire (PHQ-9).

So far, we have collected data from 144 subjects, and the recruitment process is ongoing. Our goal is to reach a sample size of 240 subjects in order to obtain statistically significant results, following discussions with the epidemiology team at the Faculty of Medicine and Pharmacy in Agadir.

Keywords: Schizophrenia, Quality of life, Family, Caregiver.