

## Abstract for

20th WADP congress / XXXIII International Symposium of the German Academy  
for Psychoanalysis (DAP) e.V., 16.04.2024 to 20.04.2024, Marrakech, Morocco  
"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"

Presentation

Workshop

Male  / Female  / Diverse

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Presentation title: **The Contemporary Trend Towards Downsizing Hierarchical Organizations:  
Implications for Psychodynamic Teamwork in Psychiatry**

Abstract text up to 15 lines in English:

Psychiatric care for serious and lasting mental disorders requires organizations allowing multi-professional team work. In the field of dynamic psychiatry, this has been theorized primarily through the notion of "institutional psychotherapy". According to this approach, patients need a stable and competent therapeutic team, able to receive, contain and metabolize their manifestations of archaic transference, to promote the symbolization of their psychic suffering. Regarding human resources management, this implies recruiting and retaining varied professionals, preferably well-trained and experienced, and who accept the subordination inherent to the employee status. However, this centralized model of care goes against the trend in developed countries since the "information revolution" began few decades ago. Indeed, the availability of professional information, in the broad sense, intensified by digital development, is leading to a decentralization of the field, with the multiplication of independent professionals and a relative decline of organizations. We will discuss this phenomenon, its consequences, and the actions it makes necessary in favor of patients with serious mental disorders.