

**Abstract Form
for**

**20th WADP congress / XXXIII International Symposium of the German Academy
for Psychoanalysis (DAP) e.V., 16.04.2024 to 20.04.2024, Marrakech, Morocco
"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"**

Symposium

Male / Female

Name: Polese First Name: Daniela

Title / Position: MD, psychiatrist, individual and group psychotherapist, Child Neuropsychiatry Unit;
University Hospital Sant'Andrea, Sapienza University of Rome, Italy

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Symposium title: **Human Birth Theory, Clinical Applications and Social Implications**

Chair Person: Alessandra Monti, PhD, psychologist, individual and group psychotherapist, chief of
the Family counselling Unit, *Center D8; Local Health Agency Rome 2, NHS, Rome, Italy.*

Speaker 1: Name, First Name: **Polese, Daniela**

Presentation title: *The Human Birth Theory and the principle of equality*

Speaker 2: Name, First Name: **Brandizzi, Martina**
MD, individual and group psychotherapist, Department of Mental Health, *Local Health Agency Rome 1, NHS, Rome, Italy.*

Presentation title: *Psychodynamic group therapy based on the Human Birth Theory; a Delphi consensus study on the therapeutic methodology.*

Speaker 3: Name, First Name: **Migliorini, Vanina**
MD, individual and group psychotherapist, Department of Mental Health, *Center D6, Local Health Agency Rome 2, NHS, Rome, Italy.*

Presentation title: *The interpretation of dreams according to the Human Birth Theory as the main therapeutic instrument*

Speaker 4: Name, First Name: **Moneglia, Martina**
MD, individual and group psychotherapist, *Santa Maria Nuova Hospital*, NHS,
Florence, Italy.

Presentation title: *Group psychotherapy, description and social challenge*

Overall Abstract Symposium up to 40 lines in English:

New approaches are needed for psychodynamic psychotherapy, in order to face current challenges in these changing times, in both national health services and private practice. During the pandemic years, the increase of psychiatric cases among adolescents and young adults claims an improvement of non-pharmacological strategies. Since current arising social issues and diversity into the general population in many countries, and the psychological consequence of migration which has been observed, a theory of mind concerning equality between human beings since birth has important social implications and can play a key role in the psychotherapeutic treatment. This symposium will provide a new clinical method in psychodynamic psychotherapy derived from the Human Birth Theory, which has been formulated by the Italian psychiatrist and psychotherapist Massimo Fagioli. Given his formulation of brain/mind physiology at birth, with regard to the newborn's reaction to light before breast, this new approach recognizes to human beings equal qualities and capacities, and it finds the etiology of mental disorders after birth, in early human relationships. Clinical application will be reported in detail. Psychotherapeutic relationships in both individual and group settings will be discussed.

Speakers will introduce to clinicians the psychotherapeutic applications of Human Birth Theory in real world clinical practice.