

Abstract for

**20th WADP congress / XXXIII International Symposium of the German Academy
for Psychoanalysis (DAP) e.V., 16.04.2024 to 20.04.2024, Marrakech, Morocco
"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"**

Presentation

Workshop

Male / Female / Diverse

Name: **Mackenthun** First Name: **Gerald**

Title / Position: Dr. habil.

Country: Germany

Presentation title: **Some Current and Future Trends in Clinical Psychology**

Abstract text up to 15 lines in English:

The world continues to change rapidly. Psychotherapists and psychiatrists are trying to keep up. What trends in clinical psychology have become relevant in recent years and what are the primary developments that can be expected in the coming years? The presentation will briefly address each of the following: Mindfulness and mindfulness-based psychotherapy; Mentalization; Integration of technologies (online psychotherapy; virtual reality, digital mental health); Migration and ethnically sensitive psychotherapy; Integration of neuroscience findings; Neurodiversity. These aspects should not be considered closed. It is important that therapists remain open to new ideas and methods in order to provide the best possible care for their patients.