

Abstract for

20th WADP congress / XXXIII International Symposium of the German Academy
for Psychoanalysis (DAP) e.V., 16.04.2024 to 20.04.2024, Marrakech, Morocco
"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"

Key Lecture

Male / Female / Diverse

Name: **Mezzich**

First Name: **Juan**

Title / Position:

Tenured Professor of Psychiatry and Director, International Center for Mental Health and Person Centered Care, Icahn School of Medicine, Mount Sinai, New York

Hipolito Unanue Professor of Person Centered Medicine, San Marcos National University, Lima

Editor-in-Chief, International Journal of Person Centered Medicine, London

Council Chair of the World Psychiatric Association (WPA)

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Country:

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Presentation title:

Mental Health and Well-being: Whole Person, Total Health and Total Care

Abstract text up to 20 lines in English:

Since its early decades the 21st Century is being recognized as the Century of the Person, particularly in medicine and health. Along with this, and under the umbrella of the Whole Person, there is increasing interest on encompassing and contextualized understanding of Health and approaches to Health Actions. Across many countries, including the United States and China, these new understanding and approaches are being formulated as Total Health and Total Care. It is of further interest, theoretically and practically, the special place that mental health seems to have for the development and establishment of general well-being.