

Abstract for

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"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"

Presentation

Workshop

Male / Female / Diverse

Name: **Pearl**

First Name: **James**

Title / Position:

PhD, Psychoanalyst

Country:

USA

Presentation title:

Clinical and Sociopolitical Challenges in Traumatic Times

Abstract text up to 15 lines in English:

The following is an abstract based on a case study for the purpose of a presentation on the clinical and sociopolitical challenges for psychoanalysis in times of trauma. The presentation will highlight two themes. The initial one is the familial identification, and affects of transgenerational trauma. The second theme is current social trauma, manifesting in the form of power inequities between individuals. The presenting case is a thirty-four-year-old Chinese male born in the United States. He presented with generalized anxiety catalyzed by a long-standing 'power' struggle with a female that was his vocational superior. This relationship was troublesome, as he felt limited agency in his interactions with her. As the therapeutic process progressed, sado-masochistic patterns arose and were verbally and graphically expressed in the form of pornographic enactments via videos as well as his sexual interactions with 'older' Caucasian males. He described these encounters as exciting and erotically pleasurable. It is well known that power inequities emerge in analytic dyads as two minds meet (Aron). The meeting can be viewed as an asymmetry between the analyst and analysand. EV continually spoke about his feelings, from an early age, of being excluded by social and racial inequities. He also linked and associated this with pleasurable feelings submitting (Ghent) to another's will both sexually and in the workplace. His submissive enactments became a major theme in EV's analysis and led to links with a familial and trans-generational identity.

The following is some terminology utilized in my paper.

Transpersonal trauma, domination, doer and done too, pleasure, unpleasure, asymmetrical Relationships, sadomasochism, enactments, emotional stasis, power inequities