

**Abstract for**

**20th WADP congress / XXXIII International Symposium of the German Academy  
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"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"**

Presentation

Workshop

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Presentation title:      **Challenging Consequences of an Adverse Childhood Experience:  
Implementations in Temperament and Health-Related Behavior.**

Abstract text up to 15 lines in English:

The consequences of adverse childhood experiences (ACE) in adulthood are challenging to predict. The ability to forecast their impact on the behavior of patients with mental disorders concerning health can assist in selecting effective intervention measures. Objectives. To analyze holistic associations of ACE, clinical, and psychological characteristics patients with mental disorders with treatment motivation.

Methods. 102 patients with mental disorders were examined using Adverse Childhood Experience Questionnaire (ACEQ), Temperament and Character Inventory (TCI) and Treatment Motivation Assessment Questionnaire (TMAQ). The method of linear regression was employed. Results. The final regression model accounted for 60% of the variance: total score TMAQ = 1.5 + 0.25 \* (total score ACE) - 0.02 \* (TCI: Novelty Seeking) - 0.02 \* (TCI: Harm Avoidance) - 1.06 \* (Diagnosis category F4) - 1.2 \* (Diagnosis category F2). Conclusions. ACE heightened treatment motivation but certain clinico-psychological traits were linked to its reduction. The psychology of treatment in patients with mental disorders requires an aggregate examination of patients' characteristics.