

Abstract for

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"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"

Presentation

Workshop

Male / Female / Diverse

Name: **Vannier** First Name: **Jean-Luc**

Title / Position: Professor/Psychoanalyst

Country: France

Presentation title: **The New Pathologies of Teenagers and Young Adults:
The Ordinary Psychosis**

Abstract text up to 15 lines:

More and more adolescents and young adults who come to psychoanalysis turn out to have a psychotic structure. These subjects do not, however, manifest, strictly speaking, psychiatric disorders. This presentation will attempt to provide some ideas on these changes.

-First and foremost, it's important to remember that adolescence is a specific stage in the life cycle. Puberty, because of its fundamental rupture, can itself be considered a psychotic moment.

-One must also mention and get rid of a few preconceived ideas that seem inadequate for understanding this phenomenon. These include the tendency to project psychological mechanisms onto the social sphere, and the dissemination of information according to which the covid 19 pandemic is responsible for new suffering among teenagers and young adults.

-The diagnostic explosion of psychosis for subjects without delusions or hallucinations is due to many cumulative elements: the introduction of the diagnosis of „ordinary psychosis“, the improvement of its clinical identification and a better understanding of how to treat psychotic subjects as a whole.

-„Ordinary psychosis“ is to be differentiated from "borderlines" about which psychoanalysts do not agree (Cf Kernberg, Bergeret, Green and Widlöcher).

-Problem of differential diagnosis between ordinary psychosis and autism.

-Differences between „compensation“ and „suppléance“, two means the subject uses in order to "manages" this ordinary psychosis and avoid the triggering of full psychosis