

Abstract for

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"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"

Presentation

Workshop

Male / Female / Diverse

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Presentation title: **Changes in Mental Health Care: Advances and Challenges**

Abstract text up to 15 lines in English:

In the last 4 decades we experienced a dramatic change in mental health care with a reduction of psychiatric beds, shorter periods of inpatient treatment, higher rates of readmissions and increased outpatient care. In addition, new types of psychiatric services had been developed.

The following principles had been used for planning: (1) Planning should be based on assessment of needs; (2) Health care provision should be close to the community; (3) Deinstitutionalization as basis for autonomy; (4) Less inpatient care, more outpatient care; (5) Integration into general health care

But, despite large advantages problems such as high rates of physical comorbidity, transinstitutionalism or family burden were not sufficiently considered. Further, new challenges like Long-COVID, climate change or increasing numbers of refugees must be considered for future service planning.