

Abstract for

**20th WADP congress / XXXIII International Symposium of the German Academy
for Psychoanalysis (DAP) e.V., 16.04.2024 to 20.04.2024, Marrakech, Morocco
"Social Challenges - Shared Responsibility in Psychiatry and Psychotherapy"**

Presentation

Workshop

Male / Female / Diverse

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Workshop title: **Interdisciplinary Approaches in Mental Health in War Areas**

Abstract text up to 15 lines in English:

Introduction: Despite all efforts and international treaties, massive violence and severe human rights violations are becoming more frequent, impacting on long term mental health and societies at large. New strategies that reflect the broad range of local cultures that are affected often for a long-time and even transgenerational, are required to face the complex and situation-dependent health care and psychological needs of individuals and communities exposed to such man-made disasters. The different new models, including developments such as MHPSS (mental health and psychosocial services), internet-based projects, community-based projects, transitional justice and cultural adaptation of different forms of psychotherapy including culture sensitive and trauma focused psychodynamic approaches, require a strategic integration based on an analysis of legal, social, economical and public health factors.

Method: In the workshop we will summarize these approaches and their potential benefits and limitations, explore experiences of our team in a model setting in a recent war and terror environment (Iraq), and discuss the implementation of integrated strategies in other conflict zones. We will discuss these aspects in their relevance to the work and experience of the participants.